Brain Tissue Responses to Neural Implants Impact Signal Sensitivity and Intervention Strategies

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ABSTRACT: Implantable biosensors are valuable scientific tools for basic neuroscience research and clinical applications. Neurotechnologies provide direct readouts of neurological signal and neurochemical processes. These tools are generally most valuable when performance capacities extend over months and years to facilitate the study of memory, plasticity, and behavior or to monitor patients' conditions. These needs have generated a variety of device designs from microelectrodes for fast scan cyclic voltammetry (FSCV) and electrophysiology to microdialysis probes for sampling and



detecting various neurochemicals. Regardless of the technology used, the breaching of the blood-brain barrier (BBB) to insert devices triggers a cascade of biochemical pathways resulting in complex molecular and cellular responses to implanted devices. Molecular and cellular changes in the microenvironment surrounding an implant include the introduction of mechanical strain, activation of glial cells, loss of perfusion, secondary metabolic injury, and neuronal degeneration. Changes to the tissue microenvironment surrounding the device can dramatically impact electrochemical and electrophysiological signal sensitivity and stability over time. This review summarizes the magnitude, variability, and time course of the dynamic molecular and cellular level neural tissue responses induced by state-of-the-art implantable devices. Studies show that insertion injuries and foreign body response can impact signal quality across all implanted central nervous system (CNS) sensors to varying degrees over both acute (seconds to minutes) and chronic periods (weeks to months). Understanding the underlying biological processes behind the brain tissue response to the devices at the cellular and molecular level leads to a variety of intervention strategies for improving signal sensitivity and longevity.

KEYWORDS: Foreign body response, inflammation, biocompatibility, biointegration, in vivo, two-photon

INTRODUCTION TO IMPLANTABLE CNS BIOSENSORS

A broad variety of implantable electrical and chemical recording devices have made innumerable and seminal contributions to our current understanding of normal brain function and the pathology of brain disorders and injuries. This increasing knowledge further guides the development of therapeutic strategies ranging from neuropharmacological interventions to brain—machine interface technologies. These devices include microdialysis sampling probes and carbon fiber/microwirebased or microfabrication-based electrodes for amperometry, voltammetry, and electrophysiological recording, which offer the ability for basic and clinical scientists to record chemical and electrophysiological signals directly from the living, intact brain of animal and human subjects.

While the power of implantable devices to provide otherwise inaccessible information is unquestionably invaluable,¹⁻³ it remains true that their physical insertion into brain tissue causes local injury, which in turn initiates a progressive inflammatory tissue response. This tissue response alters the physiochemical environment and the function of the tissue from which chemical and electrophysiological signals are

obtained, leading eventually to sensing inaccuracy, instability, and failure.^{4–7} Since these implantable sensors are well positioned to further advance our general understanding of brain function, especially for clinical and longitudinal applications, there exists an urgent need to understand the tissue response and its impact on the outcome of neurochemical and physiological recordings.⁸ Such understanding is also crucial to the appropriate interpretation of in vivo recordings and to establishing the capabilities and limitations of the devices. The ultimate objective, however, is to provide strategies to mitigate the penetration injury and tissue response in order to improve and refine the technology.

The majority of the existing knowledge of the tissue response to indwelling brain implants has emerged from the study of neuron recording devices, which can in some cases function successfully in the brain to record neural activity for weeks or

Special Issue: Monitoring Molecules in Neuroscience 2014

Received: October 15, 2014 Accepted: December 29, 2014 Published: December 29, 2014



Figure 1. Cartoon of tissue reaction. (a) Normal tissue prior to probe insertion. (b) Acute injury caused by the probe insertion including increase in tissue strain from volumetric tissue displacement, mechanical tear of cells and the extracellular matrix, vasogenic edema, BBB rupture, steric blockade of signaling molecules, microglial activation, and loss of perfusion. (c) Chronic glial encapsulation and neurodegeneration of the probe instigated by chronic BBB reinjury and inflammation. The glial sheath is made of multiple layers of activated microglia, macrophage, and astrocytes that form an ionic barrier through tight junctions with neighboring cells. While tissue regeneration can occur, the glial scar prevents neuronal cell bodies and neural filament from reoccupying regions within the glial scar.

months.^{3,7,9–11} The objective of this review is to bring the deep pool of knowledge gained from these investigations to bear on the technologies for intracranial chemical monitoring, where much less is known about the impact of the tissue response on their measurements. Understanding the cellular and molecular mechanisms responsible for the tissue response to these devices is a prerequisite for developing intervention and mitigation strategies that improve the accuracy, reliability, safety, and longevity of chemical CNS measurements.

CLASSES OF IMPLANTABLE CNS BIOSENSORS

Many implantable electrical and chemical recording devices have been developed for a range of specific applications. Microdialysis, a commonly used technique to sample extracellular brain fluid (ECF), is broadly used in the study of neurotransmitters in the brain. This long-standing technique operates on the principle of diffusion, where small molecules move across a concentration gradient from the extracellular space into the dialysis fluid inside the microdialysis probe (cross-sectional area 30000–70000 μ m²). The sampled dialysate is collected and subsequently analyzed by high performance liquid chromatography (HPLC), capillary electrophoresis (CE), or mass spectrometry. Fast-scan cyclic voltammetry (FSCV) in combination with carbon fiber microelectrodes (cross-sectional area 20–60 μ m²) is another technique used to monitor neurotransmitters *in vivo*. In FSCV, a triangular waveform potential is applied to a carbon fiber microelectrode to oxidize or reduce electroactive species, which generates a current response. Electroactive species can be identified through their characteristic redox potentials. This technique allows for a high degree of temporal and spatial resolution. Microfabricated electrochemical sensors (crosssectional area 3000–15000 μ m²) further add functionality to simultaneous multichannel sampling with regularly spaced electroactive sites. These sites can further be functionalized, for example, by using enzymatic coatings, to convert neutrally charged neurochemicals into electroactive species, which can then be electrochemically detected. Furthermore, microfabricated multichannel arrays with specific site coatings have enabled simultaneous detection of multiple chemical species and electrophysiological recordings at high spatiotemporal resolutions.

TISSUE RESPONSE OVERVIEW

The insertion of devices into the brain immediately activates nearby microglia cells (within ~130 μ m), which extend processes toward the implant surface¹³ (Figures 1 and 2a,b). Within ~30 min, these activated microglial cells start encapsulating the implant with lamellipodia¹³ (Figure 2). At this stage, microglia may not be able to fully encapsulate large devices with lamellipodia acutely without additional monocyte migration. Small nanoporous sensor structures may be more

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Figure 2. Microglia activation hours after electrode implantation. Microglia (green), BBB (red), and devices (gray). (a-c) Z-stack projections, as well as front and side view reconstructions of the dashed boxed regions, are shown for parylene insulated carbon fiber electrodes (a), planar silicon electrodes (b), and microdialysis probes (c). (d) Ramified (normal) microglia show radial projections or processes indicated by blue traces. (e) Microglia adjacent to a microdiaylsis probe edge (gray), can be seen retracting processes away from the probe, and extending processes toward the probe surface. Panel b reproduced from ref 41 by permission of IOP Publishing (Copyright 2010 IOP Publishing). All rights reserved.

susceptible to lamellipodia encapsulation related signal attenuation (Figure 2). It then takes approximately 12 h for microglia to transition into a motile phase and begin moving their cell bodies toward the injury site^{13,14} (Figure 1b). By 24 h after device implantation, the device becomes surrounded by activated microglial cell bodies, which form a thin cellular sheath encapsulating the device that can limit ionic exchange with the electrode surface.^{15,16} During this first week, astrocytes are maximally activated and then form a compact sheath around the activated microglia approximately 2-3 weeks later.¹⁵⁻¹⁸ Electrochemical impedance magnitude has often been used to evaluate encapsulation longitudinally in vivo since impedance increases with the increase of glial encapsulation¹⁹ (Figure 1c). This phenomenon may be explained by the fact that glial cells form tight junctions with each other to create a glial sheath, which forms a diffusion barrier that limits transmission of ions as well as overflow of neurotransmitters through the extracellular space.²⁰ In general, this increase in impedance is observed over the first 2 weeks following insertion, before stabilizing.²¹ Over the first 4 weeks, neuronal cell death and degeneration of neurites can occur within 150 μ m of the device. 15,18,22

Similarly to microelectrodes, the penetration of the microdialysis probe initiates a foreign body tissue response (Figures 1b and 2c-e). This response also involves a cascade of events, such as activation and infiltration of inflammatory cells (neutrophils, monocytes, macrophages, etc.).^{23,24} In particular, macrophages result in cell activation and fibrin deposition on the device. Over days, this can lead to "tissue encapsulation" of the implant, which affects the diffusion of small molecules (i.e., neurotransmitters) to the biosensor surface²⁰ (Fig. 1c). Recent studies have shown that the insertion injury induces rapid gliosis.^{13,25} Within 24 h of insertion, glial processes invade the implant site and begin to engulf the device.²⁶ Therefore, neurochemical sampling is derived from brain tissue environments undergoing a reactive tissue response and is unlikely to resemble a normal brain tissue environment. Still, these devices have greatly improved our understanding of brain function.^{1–3} Further improving signal sensitivity and longevity of these devices will require a thorough understanding of the underlying biological processes behind the brain tissue response to the device at the cellular and molecular level.^{4–6}

Roles of Non-neuronal Cells in Brain Function. There has been increasing evidence that glial cells are not quiescent during normal brain activity. In fact, non-neuronal cells play a critical role in modulating synaptic transmission and plasticity (see Perea and Araque 2010 for review).^{27,28} More recently, it was demonstrated that astrocytic vesicular release is required for normal cortical gamma oscillations and novel object recognition behavior.²⁹ In addition, astrocytes have been shown to be activated by norepinephrine to enhance the astroglial network response to local neuronal network activity.³⁰ Another study showed that the larger and more complex human astrocytes in immunodeficient mice enhanced long-term potentiation, activity-dependent plasticity, and learning.³¹ Microglial cells have also been demonstrated to interact with dendritic spines and engulf synapses during perceptional learning. $^{32-34}$ Altogether, the impact of the immune response to foreign bodies on brain activity is not well understood, and it may alter nervous function, especially within the reactive glial sheath area. Its impact may need to be considered in the interpretation of the collected data from both acute and longitudinal experiments (Table 1).

Table 1					
neurotransmitter	cell type	receptor	transporter	function	location
dopamine	astrocyte	D1R, ²⁰² D3R, ²⁰² D4R, ²⁰² D5R ²⁰²	DAT, ²⁰² NET, ²⁰² OCT3, ²⁰² EMT ²⁰³	induces calcium signaling ²⁰⁴	midbrain, cortical, and hippocampal ²⁰⁴
	microglia	D1R, ^{205,206} 2R, ^{205,206} D3R, ^{205,206} 4R, ^{205,206}	DAT, ²⁰⁷ glycine transporter ²⁰⁸	microglia induce dopaminergic sprouting in injured striatum, ²⁰⁹ neurotrophic factors released to limit neuronal damage in young brain, aged brain oxidative stress and inflammatory factors are released, beneficial to homeostasis ²¹⁰	striatum, ²⁰⁹ CNS
	neuron	D1R, ²¹¹ D2R, ²¹¹ D3R, ²¹¹ D4R, ²¹¹ D5R ²¹¹	DAT ²¹²	control of voluntary movement and the regulation of emotion, motor function ²¹¹	CNS, substantia nigra, ventral tegmental area, striatum ²¹¹
	pericyte	D2R	DAT^{212}	stabilize tumor blood vessels ²¹³	midbrain, hindbrain, striatum, CNS ²¹²
	oligo- dendrocyte	$D3R^{214}$	DAT^{212}	modulate locomotor activity ²¹²	limbic areas, striatum nucleus accumbens ²¹²
	endothelial CD4+ T cells	D2R ²¹³ D3R ²¹⁵	DAT DAT ²¹²	stabilize tumor blood vessels ²¹³ modulate locomotor activity ²¹²	midbrain, hindbrain, striatum, CNS ²¹² limbic areas, striatum, nucleus accum- bens ²¹²
glutamate	astrocyte	EEA receptors (human) ²¹⁶	$GLT1_{216}^{216}$ $GLAST_{216}^{216}$ $EAAT1$ (human) ₂₁₆ $EEAT2$ (human) ₂₁₆ $EEAT3$ (human) ₂₁₆ $EEAT3$ (human) ₂₁₆ $EEAT2$ (human) ₂₁₆ $EEAT3$ (hu	glutamate uptake, regulating the activity of glutamatergic synapse 217	striatum, hippocampus, cortex, ²¹⁷ forebrain, and cerebellum-birth ²¹⁷
	microglia	AMPA, ²⁰⁵ NMDA, ²⁰⁵ mGluR1, ²⁰⁵ mGluR2, ²⁰⁵ mGluR3 ²⁰⁵	NMDAR, ²¹⁸ mGluRs–GTP binding proteins ²¹⁹	regulates $\rm Ca^{+2}$ permeability and inflammatory responses such TNF- α^{220}	CNS ²²⁰
	neuron	EEA (human) re- ceptors ²¹⁶	EAAC1, ²¹⁶ EAAT3, ²¹⁶ EAAT4, ²²¹ EAAT5 ²²¹	regulates brain development and information, which determines cellular survival, differentiation, and elimination of nerve contacts (synapses) ²²²	olfactory bulbs, hippocampus, basal ganglia structures, somato-dendritic compart- ment, ²¹⁶ striatum, cerebral cortex, hippocampus ²²¹
	pericyte	mGluR1 ²²³ GluR 2/3, ²²⁴ GluR4a, ²²⁴ GluR7 ²²⁴	VGLUT2, ²²⁴ VGLUT3 ²²⁴	constricts capillaries, ²¹⁸ cellular machinery for exocytotic release of glutamate $^{224}_{224}$	CNS ²²⁴
	oligo- dendrocyte	AMPA, ²²⁵ kainate receptor ²²⁵	GLAST, ²¹⁷ GLT-1 ²²⁶	triggers cell death by Ca^{2*} influx and mitochondrial depolarization 226	CNS, ²²⁵ forebrain, and cerebellum ²¹⁷
	endothelial	mGlu1, ²²⁷ mGlu4, ²²⁷ mGlu5 ²²⁷	glutamate transport ²²⁷	maintenance of endothelial barrier ²²⁷	CNS ²²⁷
serotonin	astrocyte	S-HT2A, ²²⁷ S- HT4-7, ²²⁷ S- HT2C, ²²⁷ S- HT1A ²²⁷ S-	5-HT transporter protein ²²⁷	mediate excitatory and inhibitory neurotransmission ²²⁸	olfactory bulbs, neostriatum, hippocampus, amygdala, and neocortex ^{229,230}
	microglia	S-HT1A, ²³¹ S- HT1F, ²³¹ S- HT2B ²³¹	Gi/Go-protein coupled, ²³² Gq/G11-protein coupled, ²³² Gi/Go-protein coupled ²³²	control of mood and inhibition of adenylyl cyclase, ²²⁹ muscle contraction ²²⁹	whole brain, cortex, and striatum ²³¹
	neuron	S-HT2A, ²²⁷ S- HT4-7, ²²⁷ S- HT1A ²²⁷ S-	5-HT transporter protein ²²⁷	mediate excitatory and inhibitory neurotransmission ²²⁸	layers I/VI of the neocortex, corpus callosum, hippocampal fissure and hilus, and amygdala ^{229,230}
	pericyte vascular smooth	S-HT2A ²²⁸		vasoconstriction, ²²⁹ platelets ²²⁹	arteries ²²⁹
	endothelial	S-HT-1D ²³³		activation of eNOS, ²³³ stimulated production of cyclic AMP ²³⁴	cortical microcirculation, ²³⁴ mainly CNS ²²⁹

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VARIABILITY: SIGNAL RELIABILITY AND BIOLOGICAL SOURCES OF VARIABILITY

Although groups strive to minimize a wide range of sources of variability ranging from device microfabrication to implantation strategies, large performance variability has been observed in both acute and longitudinal experiments.^{35–37} For example, eight identical electrode arrays implanted into the same region of different animals have shown that half the arrays continue to record neural signals for >14 weeks while in the other half of the arrays, single-unit yield rapidly degraded and ultimately failed over the same timescale. Histological variability has also been observed. This variability has even been observed between two adjacent identical shanks implanted into the same animal³⁷ and over different depths of the same device shank.³⁸ While it is difficult to determine distinct sources of variability, it is generally accepted that much of the variability correlates with tissue damage.

A study using implantable hydrous iridium oxide microelectrodes for potentiometric recording of extracellular pH highlighted the variability in the local pH around the electrode along with histological correlates.^{35,39} When these pH sensing probes were implanted into the brain, a wide variability of pH level, pattern (biphasic alkaline-acidic and triphasic acidicalkaline-acidic), depth, and duration of acidosis was observed. In particular, higher levels of acidosis were often associated with greater levels of blood cells in the brain parenchyma when examined with post-mortem histology.³⁵ In another study, aimed at uncovering the time course of insertion-related bleeding and coagulation, electrodes were implanted into the -15, and 0 min) using a micromanipulator and linear motor with an insertion speed of 2 mm/s.40 The results showed dramatic variability in BBB leakage that washed out any trend⁴⁰ (Figure 3), suggesting that a separate underlying cause was responsible for the large inter- and intra-animal variability.

These combined works motivated the examination of the neurovascular architecture and impact of BBB injury during



Figure 3. BBB permeability following electrode insertion.⁴⁰ Six microelectrodes were implanted into the cortex at -120, -90, -60, -30, -15, and 0 min prior to tail vein injection of 10% sodium fluorescein, 0.6 mL/kg at ~0.45 mL/min. Animals were immediately perfused with saline and 4% paraformaldehyde (4–7 min). Bleeding was quantified as the mean intensity within 50 μ m of insertion site divided by the mean background intensity of a distant location. Error bars indicate standard error (N = 14). Large error bars indicate large variability.

insertion. In 2008, an in vivo two-photon microscopy study was initiated to map the cortical vascular network prior to device insertion^{41,42} (Figure 4). These 3D maps highlighted several critical features of the cerebral vascular network that need to be considered prior to device insertion: (i) on the surface of the brain, major arteries and veins run parallel with the pia matter; (ii) in general, these major vessels penetrate into the cortex along the normal axis to the brain surface; (iii) majors vessels can slightly deviate from the penetration point as they project deeper into the brain; (iv) like fingerprints, the details of the vascular architecture differ between individuals. Interestingly, this study showed that insertion of devices through a single major penetrating cortical artery can dramatically increase bleeding in the parenchyma compared with penetrating through many small capillaries⁴¹ (Figure 4). Although BBB disruption due to insertion injury of capillaries is unavoidable, avoiding large arteries has been shown to dramatically reduce bleeding. At chronic time points, the proximity of carbon fiber biosensors to the nearest major blood vessel correlated with astroglial activation (Figure 5a,b). Therefore, blind insertions of devices, even when avoiding surface vasculature, result in large variability of BBB injury. It was concluded that (i) only avoiding major surface blood vessels can still result in penetration through a major blood vessel deeper in the brain and (ii) one may avoid penetrating through major blood vessels deeper in the brain by mapping the vasculature via advanced imaging technology and carefully selecting the insertion angle. While recent electrode longevity studies have not established a cause and effect relationship, they have anecdotally supported the relationship of BBB leakage and device failure.²

ACUTE INFLAMMATION CASCADE

Insertion Injury Induced Biochemical Pathways. Insertion of implantable devices, regardless of technology, inevitably tears through extracellular matrix, disrupts the BBB, punctures cell membranes, and even ruptures distant cells and vasculature especially when insertion related dimpling is observed.^{41,46,47} In order to understand how the variability in injury impacts inconsistency of sensor performance, it is necessary to examine the inflammation biochemical cascades initiated by device insertion. The initial injury can lead to increased inflammation through a number of factors (Figure 1): (i) rupturing the BBB; (ii) reducing blood flow, oxygen perfusion, and neurotoxic waste removal, which in turn can cause ischemia/hypoxia; (iii) increasing pressure and mechanical strain from hemorrhage, vasogenic edema, and accommodation of the device volume; (iv) biofouling of surfaces and accumulation of inflammatory cytokines; (v) steric inhibition of pro-survival signaling from the implant substrate. Several of these are discussed in detail below.

BBB Rupture. The disruption of the BBB leads to the deposition of plasma proteins foreign to the CNS including albumin (40 mg/mL or ~55%), globulins (10 mg/mL or ~38%), fibrin/fibrinogen (3 mg/mL or ~7%), thrombin, plasmin, complement, and red blood cells (hemosiderin).^{48–58} Increases of hemoglobin (from red blood cell breakdown) in the brain lead to increases of reactive oxygen species (ROS) and reactive nitrogen species (RNS), which can contribute to secondary injury by oxidizing cell lipids and proteins.⁵⁹ For example, ROS downregulate tight junction proteins, which leads to increased BBB permeability.⁶⁰ In parallel, the resulting oxidative stress leads to the activation and upregulation of proinflammatory cytokines such as interleukin (IL)-1 β .⁶⁰



Figure 4. Imaging of cortical vasculature in a single mouse before device insertion (A-C, G, and I) and after insertion (D), 30 min incubation, and device explantation (E, F, H, and J). Blue indicates device insertion sites for avoiding major vessels and only disrupting capillaries. Yellow indicates device insertion sites for disrupting a major blood vessel not visible from the surface. (B, C, E, F) Capillaries (<5 μ m diameter) are indicated as white. Major vessels (>5 μ m diameter) are highlighted: surface vessels (green) and vessels below the pia (red). (A, B, D, E) Image of the surface vasculature. (C, F) Collapsed image of neurovasculature 0–500 μ m for images B and E), respectively. (G–J) Three-dimensional reconstruction of vasculature in ImageJ to a depth into the image of 150 μ m surrounding the implanted device. Dark regions devoid of capillaries indicate bleeding or loss of perfusion from neurovasculature was avoided (J). Reproduced from ref 41 by permission of IOP Publishing. Copyright 2010 IOP Publishing. All rights reserved.

In particular, albumin has been shown to bind to transforming growth factor- β receptors (TGF β R) in astrocytes, ⁶¹ leading to upregulation of myosin light chain kinase (MLCK) immunoreactivity.⁶² MLCK phosphorylates myosin light chain (MLC), thereby inducing contractions and weakening endothelial cell–cell adhesion, ^{63,64} in turn propagating additional BBB leakage. In addition, albumin has been shown to activate astrocytes and microglia through the mitogen-activated protein kinase pathway (MAPK) resulting in increased levels of IL-1 β and nitric oxide as well as CX3CL1 in astrocytes.⁶⁵ Furthermore, albumin has been shown to reversibly increase calcium activity in glial cells and has been shown to mildly affect neurons over short periods of time by inducing epileptic firing patterns in culture.^{66,67}

Like albumin, autologous immunoglobulin G (IgG) is not found in the brain parenchyma under normal conditions. IgG is a convenient marker for BBB integrity in immunohistochemistry because it only requires antihost secondary antibodies; therefore it does not create additional concerns of crossreactivity with other primary antibodies when conducting multichannel labeling. It should be noted, however, that IgG that enters the parenchyma of the CNS is sequestered by astroglia and microglia where they have been shown to remain for at least 9 months.^{68–70} In addition, IgG can also be carried into the CNS by blood borne macrophages.¹⁵ Therefore, the presence of IgG in the tissue is not necessarily indicative of continuous IgG leakage, because the IgG detected may be from the initial surgical implantation. Furthermore, pharmaceutically increasing BBB leakage throughout the CNS did not result in the activation of astrocytes or microglia, indicating that IgG is not sufficient for inducing a reactive tissue response.⁶⁸

Fibrinogen, another plasma protein, is a high affinity ligand for macrophage-1 antigen (Mac-1) on microglia cells in the CNS via an independent pathway from Toll-like receptor 4.⁷¹ In the CNS, fibrinogen is polymerized into fibrin in the perivascular space leading to activation of microglia cells and initiation of phagocytosis. This has been well characterized in multiple sclerosis as a major contributing factor to demyelination. Depletion of fibrin has been demonstrated to inhibit



Figure 5. In vivo challenges. (a) Astroglial reactivity (GFAP) to chronically implanted devices (white arrow) increases with respect to implantation proximity to major vasculature (red arrow; EBA with >25 μ m diameters). Scale bar indicates 100 μ m. This suggests that microstructures in the brain may be associated with chronic performance (b). Decreasing the implant's profile as well as avoiding key vascular microstructures during insertion may be critical in targeting charge transfer coupling with specific neuron(s) or subcellular structures. Vasculature changes; 100 μ m thick Z-stack projection of intravasculature dye labeled BBB. Blue outline indicates device and recording sites. (c) One hour postimplant. Green up arrows and yellow down arrows indicate perfused capillaries. Yellow right square bracket indicates diameter of perfused capillary. (d) Seven hours postimplant. While vasculature can be severed during insertion, additional blood flow damage can occur in unsevered blood vessels as they shrink (yellow down arrows) and lose the ability to perfuse (green up arrows) in the first few hours. Yellow left square bracket indicates diameter of constricted capillary. Loss of perfusion can be visualized as dark bands in fluorescently labeled vessels where blood cells have stopped flowing. Scale bar indicates 100 μ m. Panels a and b reproduced from ref 17 with permission from Nature Publishing Group (Copyright 2012). Panels c and d reproduced from ref 13 by permission of IOP Publishing. Copyright 2012 IOP Publishing. All rights reserved.

microglial activation and attenuate inflammatory demyelination of neurons. $^{71}\,$

Lastly, metal, polymers, silicon, and silica are relatively hydrophobic.⁷² In an aqueous environment, the hydrophobicity makes these surfaces susceptible to protein adsorption. Following the BBB disruption, pro-inflammatory molecules and cytokines can nonspecifically adsorb onto the implant surface.¹⁷ Once adsorbed, these molecules may remain on the surface of the device perpetuating an inflammation response into a chronic tissue response.⁷³ This can lead to increased cellular encapsulation and decreased signal sensitivity over time following device insertion.

Overall, disruption of the BBB and insertion of devices have been shown to immediately activate nearby microglia.¹³ Glial cells persistently produce high levels of pro-inflammatory cytokines (interleukin-1 and TNF α) and chemokines (such as monocyte chemotactic protein-1, MCP-1) for the duration of the implantation, which leads to neuronal degeneration and demyelination.^{74–81} In addition, microglia-initiated inflammation cascades result in the progression of the glial sheath, which



Figure 6. Device size dependent acute injury. (a, b) Comparison of acute BBB disruption caused by a single shank silicon electrode (blue arrowhead; a) and a MTE electrode (yellow arrowhead; b) during insertion into the rat cortex. (top) Differential interference contrast image of a rat motor cortex section around a MTE footprint. Scale bar = 100 μ m. (middle) A BBB impermeable fluorescent dye was used to image the vasculature and bleeding around the MTE. (bottom) Overlay image. (c, d) Two photon imaging of tissue strain *in vivo* from a four shank Michigan Electrode Array (c) and carbon fiber microthread electrode (d). Neurons are green (Oregon Green Bapta-1 AM), while recording sites and astrocytes are red (PEDOT/PSS/Rhodamine and Sulfarhodamine101, respectively). Cyan outline highlights microthread electrode. Neurons in panel c are much more compressed and oval/elliptical than neurons in panel d, indicating increased mechanical strain from the embedded electrode volume. Panels c and d reprinted from *Biomaterials*²¹ with permission from Elsevier.

forms an ionic and neurotransmitter barrier between electrodes and neurons, which reduces signal quality.^{82,83} A study examining the cytokines and soluble factors present around the implanted microelectrode arrays found elevated levels of several pro-inflammatory and neurotoxic cytokines as well as tumor necrosis factor α (TNF α). Among these, upregulation of IL-1 β mRNA was the most significant across all electrode designs tested.⁸⁴

IL-1 β is a key pro-inflammatory cytokine and plays a critical role in inflammation and apoptosis.⁸⁵ Activation of Toll-like receptors or retinoic acid-inducible gene (RIG)-like receptors activate the synthesis of IL-1 β precursors (pro-IL-1 β), but pro-IL-1 β must be cleaved and activated by caspase-1. Caspase-1 activation is controlled by inflammasomes, which are mediated by complex cytoplasmic pattern recognition receptor signaling in response to cell injury. Upregulation of IL-1 β increases matrix metalloproteinase-9 (MMP-9), which is known to degrade the gap junction of BBB endothelial cells and induce BBB dysfunction.⁸⁶ MMP-9 is found to be more highly expressed in the tissue near the implanted electrode compared with nonimplant control tissue.⁸⁷

Perfusion and Blood Flow. There are many consequences associated with the penetration of brain implants, some of which result from stress and strain to accommodate its volume in tissue and lead to BBB disruption. Upon systemic administration, carbidopa, a drug molecule that normally does not cross the BBB, was found in brain dialysates.⁸⁸ This is evidence that the implants open the BBB. Other studies using fluorescent nanobeads to represent blood flow revealed that these beads spill out of blood vessels near implanted probes but not elsewhere in the brain, providing more direct evidence that the BBB is open.²⁶ In this study, green fluorescent nanobeads were perfused through the bloodstream and blood vessels were labeled with anti-PECAM (PECAM is a protein, platelet endothelial cell adhesion molecule) post mortem. Diminution of blood flow to the probe site was observed, confirming a

localized ischemic event. It is important to remember that this localized ischemia is on a different scale compared with middle cerebral artery occlusion, but it can still impact signal quality. Endothelial debris forming a halo of diffuse anti-PECAM labeling surrounding the tracks was also clearly evident. The anti-PECAM halo is consistent with the idea that vessels are torn and that endothelial cell debris is present at the probe track.²⁶ This study also showed that the probe itself occludes blood flow and opens the BBB.

Loss of perfusion (BBB occlusion) has also been observed *in vivo* in multiple adjacent capillaries surrounding an implanted device hours after insertion (Figure 5c,d). This vascular occlusion creates an ischemic microenvironment around the device.¹³ The loss of perfusion in the tissue microenvironment surrounding the implant has resounding implications to the health of the neural tissue and signal detected from this region.¹³

Furthermore, pericytes are critical components of the BBB and are tightly coupled to the capillary endothelial cells. They reduce BBB permeability from periphery-derived harmful substances while allowing influx of nutrients, regulating blood flow, and clearing neurotoxic waste products.^{89–94} Clearance of toxic cellular byproducts is carried out through phagocytotic properties of pericytes.^{91,93} These cells also regulate angiogenesis through the secretion of factors (e.g., VEGF and MMPs)^{95–97} and secretion of essential extracellular matrix proteins (e.g., laminin).^{93,98} Endothelial cells play a critical role in sustaining pericytes in the adult CNS by continuous secretion of PDGF- β growth factor.^{89,91,99–101} In the adult CNS of mice, PDGF Receptor- β is expressed in pericytes.¹⁰² Chronic BBB breakdown is associated with dysfunction or deficiency in pericytes, which has been shown to cause CNS degeneration as previously discussed.^{89,91,103} In addition, CNS pericytes have been suggested to regulate T-cell entry into the brain.¹⁰⁴ Following ischemic injury, blood-borne bone marrow progenitor cells have been shown to contribute to CNS

pericytes.^{105–107} Interestingly, pericytes can be found at the device/tissue interface of chronic implants.²¹

Acute and chronic pericyte loss occurs due to insertion injury. This pericyte loss reduces brain microcirculation, which causes diminished brain capillary perfusion and increases tissue hypoxia; in turn, this leads to secondary neural degeneration.^{89,91,108–111} Complete occlusion of a major blood vessel, such as a pial artery or vein, causes a major ischemic insult that mimics a stroke. It is interesting to note that blockage of intracortical venules might have a more detrimental effect compared with blockage of arterioles due to the network of vessels from which they supply or pool blood.¹¹² Irreversible tissue damage due to vascular occlusion takes place several hours after onset, such that reducing tissue injury during placement of these devices is very important. In fact, arteries leak sufficient oxygen that nearby tissue is very well oxygenated and would be more protected to mild hypoxia. Hence, it may be preferable to target insertion of these devices near penetrating arteries as long as occlusion is avoided. While partial blockage of small vessels like arterioles, venules, and capillaries does not have the same ischemic impact in the short term as complete occlusion of larger arteries and veins, it does impact tissue viability in the long term. In the short term, small vascular occlusions or BBB disruption can dramatically impact the function and activity of local neural circuitry, which can alter the local sampling environment on the order of minutes and yield misleading results depending on the study.113,114 Brain tissue relies mostly on oxygen and glucose for energy, substrates that are delivered passively and actively by blood. Reductions in blood supply primarily impact the energygeneration capacity of nervous tissue by relying primarily on glycolysis. Persistent low-oxygen conditions over several days promotes angiogenesis from nearby functioning vessels to restore blood supply.¹¹⁵ Therefore, it is likely that in the long term (several weeks), placement of these devices using strategies that reduce blood vessel disruption will minimize undesired tissue conditions. Reduced blood flow caused by the placement of a probe or electrode will have short-term and long-term effects that need to be considered for specific experiments in obtaining meaningful measurements from them.

Effect of Device Volume and Stiffness on Inflammation. Naturally, the size of the disrupted blood vessel is correlated to the level of hemorrhage that occurs in the brain parenchyma¹¹⁶ (Figure 6a,b). Intracerebral hemorrhage edema and cytotoxic swelling have been well studied in stroke, traumatic brain injury, and infections, such as meningitis and encephalitis. The increase in swelling can lead to pinching of nearby blood vessels and capillaries, which leads to loss of perfusion and secondary ischemic injury beyond the initial injury site. This increase in intracerebral pressure is further amplified when the tissue needs to accommodate the volume of the device. The larger the implanted device, the more pressure it applies to the surrounding brain tissue. Loss of perfusion around microdialysis and planar microfabricated arrays haven been observed following device insertion.^{13,26}

Penetration trauma from these devices can be diminished simply by decreasing the size of the implanted device. For illustration purposes, the small carbon fiber electrodes (crosssectional area 20–60 μ m²) are compared with large microdialysis probes (cross-sectional area 30000–70000 μ m²). Carbon fibers have a roughly 1000-fold smaller total volume than microdialysis probes. In addition, carbon fibers have a 30fold smaller diameter active recording area, have a 10-fold shorter length, and occupy roughly 10000-fold smaller sampling volume than microdialysis probes. The following calculation compares the volume of a microdialysis probe with a diameter of 220 μ m and a length of 4 mm to the volume of a microelectrode with a diameter of 7 μ m and an exposed electrode site length of 400 μ m (these are the typical dimensions of the active area for electrodes and the sampling area for probes):

$$\frac{\text{microdialysis}_{\text{volume}}}{\text{carbon-fiber}_{\text{volume}}} = \frac{\pi r_{\text{probe}}^2 l_{\text{probe}}}{\pi r_{\text{elect}}^2 l_{\text{elect}}}$$
$$= \frac{\pi (0.110 \text{ mm})^2 (l)}{\pi (0.0035 \text{ mm})^2 (l)} \cong 1000$$
$$\frac{\text{microdialysis}_{\text{active-volume}}}{\text{carbon-fiber}_{\text{active-volume}}} = \frac{\pi r_{\text{probe}}^2 l_{\text{probe}}}{\pi r_{\text{elect}}^2 l_{\text{elect}}}$$
$$= \frac{\pi (0.110 \text{ mm})^2 (4 \text{ mm})}{\pi (0.0035 \text{ mm})^2 (0.4 \text{ mm})} \cong 10000$$

The differences in the physical dimensions of these two devices lead to major differences in the extent of traumatic brain injury and tissue strain that they inflict in the tissue volume from which they sample (Figures 2a–c and 6c,d). Because carbon fiber microelectrodes are typically 5–7 μ m in diameter and the interspacing of the rat vasculature of the striatum is 50–60 μ m, less damaged can be observed compared with other larger probe designs. Although it is accepted that reaching equilibrium following device insertion requires at least 24 h,^{117,118} emerging evidence points to additional cytokine-driven stages of inflammatory tissue response over the following weeks, which greatly affects signal sensitivity of the implanted devices.

While differences in device volume lead to differential tissue strains from device implantation, mechanical strain caused by mechanical mismatch between the implanted device and the brain has also been hypothesized as a source of persistent chronic tissue reaction around an implant.¹¹⁹⁻¹²³ In vivo microscopy has demonstrated that tissue strain surrounding the implant remains hours after insertion.¹³ Release in frictional tension between the tissue and the implant due to edema, inflammation swelling, or impaired blood flow induced change in intracranial pressure likely contributes to the tissue strain. Furthermore, in vitro studies have shown that shear strain on astrocytes and neurons leads to loss of neurites and cell death.¹²⁵ Stretch-induced injury of brain tissue has been shown to activate the calcium-dependent extracellular signal-regulated protein (ERK) pathway through increased extracellular adenosine triphosphate (ATP) and P2 purinergic receptor signaling in astrocytes.¹²⁶ The ERK in turn has been shown to mediate the increase of the pro-inflammatory cytokine IL-1 β .⁶⁵ This can lead to perpetual inflammation that decreases the signal strength in the tissue microenvironment surrounding the implant over time.

TRANSITION TO CHRONIC FOREIGN BODY RESPONSE

Interestingly, removal of the electrode following insertion in a "stab wound" minimally impacts glial activation and neuronal degeneration.¹⁸ Nevertheless, careful examination of the stab wound site shows some chronic structural tissue changes from the acute insertion injury.^{18,127} In fact, evidence of stab wounds

has been observed up to 71 months after insertion and immediate removal of a mapping probe in human deep brain stimulation (DBS) patients.¹²⁸ Remarkably, studies with slowly dissolving implants have demonstrated that tissue regeneration and neural repopulation via progenitor cells can occur following the activation of the reactive tissue response.¹⁵ Interestingly, while neural progenitor cells are observed around stiff microwire implants, they do not repopulate the injured area as neurons.¹⁵ These findings suggest that the presence of the implanted devices may perpetuate a reactive tissue response, and the removal of the device not only reduces pro-inflammatory and pro-apoptotic signaling but also allows for regeneration and healing.

The generation of cytokines and chemokines are the hallmark of a chronic inflammatory response. Cytokine production can begin to occur as early as 1 day; for example, acute inflammation at 0–3 days can include TNF α , IL-1 β , and IL-6 while early chronic tissue response (3–7 days) may include IL-10, TGF- β , and PDGF. These specific cytokines and growth factors are also implicated in traumatic brain injury.¹²⁹ Continuous expression of inflammatory cytokines such as IL-1 β leads to continuous BBB leakage.¹³⁰ Interestingly, continuous IL-1 β expression, infiltration of leukocytes, and BBB leakage *in vivo* are not sufficient alone in causing neurotoxicity or neurodegeneration.^{130–133} Increases in IL-1 β activation likely lower the threshold toward neurotoxicity and magnify the neurodegeneration response as observed when ischemia and excitotoxicity injuries were combined with increased IL-1 β .^{134,135}

The increase of IL-1 β upregulates MMP-9 especially in macrophages.⁸⁶ MMP-9 has been observed to increase following implantation over the first 2 weeks, before declining by 4 weeks and becoming almost undetectable by 8 weeks.⁸⁶ Upregulation of MMP-9 leads to the degradation of the extracellular matrix and gap junction proteins and loss of junctional interaction between pericytes and endothelial cells at the endothelial tight junctions.^{136–138} This leads to increased vascular leakage and cell migration along the BBB to create new blood vessels. However, knocking out MMP-9 also leads to increased levels of IL-1 β and chronic loss of the BBB tight junction indicating that MMP-9 activity degrading the extracellular matrix around the injured BBB is required for the repair of the BBB and resolution of the insertion injury induced chronic inflammatory tissue response.⁸⁶

Steric Blockade. For implanted devices with large feature sizes, steric blockade of both membrane bound signaling molecules and soluble signals, including growth factors, may reduce neural survival signaling by decreasing neuronal input signals and ultimately leading to apoptosis. A clear example of this phenomenon was demonstrated by Korsching and Thoenen.¹³⁹ They showed that removing cells that secrete neural growth factors (NGFs) resulted in apoptosis of the neurons that would normally innervate those cells. Further studies in developmental neuroscience showed that neurons naturally compete for growth factors during embryonic development¹⁴⁰ and more than 50% of the neurons undergo apoptosis during this development phase.^{141,142} Knocking-out the ability for neurons to undergo apoptosis from NGF competition results in perinatal death characterized by an enlarged and malformed cerebrum.¹⁴¹ This emphasizes the importance of apoptosis in neurons and demonstrates that there is a relatively small window for maintaining neural health, which may be disrupted by an implanted electrode. The

implantation of a device severs membrane bound signaling molecules and impedes diffusion of the pro-survival growth factors. The combination of decreased pro-survival growth factor signaling and elevated pro-inflammatory cytokines can drive nearby neurons toward apoptosis. Loss of neurons in the microenvironment surrounding the implanted device in turn attenuates the recorded signal by requiring signaling molecules or ions to diffuse further in order to reach the active sampling area of the implanted devices.

ROADMAP OF STRATEGIES TO IMPROVE SIGNAL SENSITIVITY

Detailed cause and effect relationships, as well as cellular level and molecular level mechanisms, behind sensing variability and chronic signal degradation are still poorly understood. However, a growing number of research studies point to intervention strategies that target the reduction of the initial BBB injury, attenuation of inflammation, and enhancement of neuronal survival. The following sections outline a roadmap of promising strategies for improving signal sensitivity and longevity and are not intended to be a comprehensive history of the development of neural technologies (see Sommakia et al.¹⁴³ for a more comprehensive review on neural technology development).

Neurovascular Mapping. Two-photon microscopy and two-photon endoscopy is one approach being explored to generate a three-dimensional neurovascular map to guide device insertion away from major vascular structures. Naturally, the density of neurons, glia, and vasculature vary greatly between brain regions and depth, which need to also be considered when using this technique. In the near future, it may be necessary to not only customize technology for specific applications and brain regions, but also customize technology for each patient. For example, vascular organizations differ between patients, and one strategy is to develop patient specific vascular maps in order to minimize intracortical hemorrhage induced inflammatory tissue response and electrode failure.⁴¹ In recent years, advances in dye, lasers, photomultiplier tubes, lenses, detectors, and image processing techniques have enabled greater imaging depths,¹⁴⁴ while advances in packaging and miniaturization bring us closer to employing multiphoton diagnostic tools in clinical settings¹⁴⁵ (Figure 7). An emerging alternative is optical coherence tomography, which has demonstrated great promise for subcellular resolution threedimensional vascular maps.¹⁴⁶ This in vivo imaging technique employs an interferometric technique using near-infrared light to image tissue morphology and is an economical alternative to microvascular mapping using multiphoton microscopy.

Flexibility and Softness. As discussed earlier, mechanical strain on the tissue caused by the material softness mismatch between the implant and the brain leads to the upregulation of pro-inflammatory cytokines. Therefore, flexible devices are hypothesized to reduce chronic inflammatory tissue response by reducing chronic tissue strain and thereby improving tissue integration. A key distinction is the difference between flexibility and softness. From a materials perspective, there are three strategies to improve the flexibility (or *compliance*) of an electrode: (i) reduce the cross-sectional area or change the geometry of the device; (ii) increase the length of the device; (iii) reduce the elastic modulus of the electrode material. As such, the compliance of a device follows the formulas;



Figure 7. Three-dimensional blood-brain barrier mapping with Texas-Red dye down to ~1 mm below the surface of the brain in Sprague-Dawley rat cortex using a previously established method.⁴¹ (a) Maximal intensity Z-stack projections show the vascular network at and below the surface of the brain. (b) Mean intensity Z-stack heatmaps highlight large blood vessels and the depth penetration path. (c) Three-dimensional reconstruction side view of the vascular network in the cortex. Major blood vessels are highlighted in red. Scale bar = 100 μ m.

$$k = \frac{1}{k_{\rm c}} \tag{1}$$

$$k_{\text{axial}} = \frac{AE}{l} \tag{2}$$

$$k_{\text{planar}} = \frac{Ewt^3}{4l^3} \tag{3}$$

$$k_{\text{lateral}} = \frac{Etw^3}{4l^3} \tag{4}$$

$$k_{\rm radial} = \frac{3\pi E(d_{\rm o}^{4} - d_{\rm i}^{4})}{64l^{3}}$$
(5)

where k is stiffness, k_c is compliance, l is the device length, A is the cross sectional area, E is the elastic modulus, w is the width of a planar device, t is the thickness of a planar device, d_0 is the outer diameter of a cylindrical device, and d_i is the inner diameter of a cylindrical device. Therefore, it is possible to create a stiff device (stiffness = 1/compliance) even when using a low elastic modulus material if the cross-sectional dimensions are large. Similarly, it is also possible to create a very flexible device with high elastic modulus materials if the critical dimensions are very small. The important difference is understanding that the elastic modulus is a property of the material, while the stiffness or compliance of the device is a property of the structure. In general, it is not practical to increase the length of the device in order to increase its flexibility because the target implantation location is fixed. One practical approach to increase the length of the device has been to create a "meandering" or sinusoidal planar design that weaves back and forth.¹⁴⁷

Flexible devices however create challenges for minimally damaging insertions. During implantation, ultracompliant devices tend to buckle before penetrating the pia mater or deflect while being directed to the target area. Several insertion methods for relatively stiff functional polymer devices, such as parylene (3-5 GPa) and polyimide (2.5-15 GPa), have been developed with varying trade-offs such as restricting the design of the device, restricting electrical properties, limiting its functionality, increasing insertion footprint, causing post-insertion tissue compression due to polymer water adsorption, or negating its flexibility.¹⁴⁸⁻¹⁵³

However, as engineers continue to push the limits of flexible implantable devices, challenges continue to persist for brain implantation of ultracompliant devices, such as implants made from polydimethylsiloxane (PDMS) devices (1-5 MPa).¹⁵⁴ These ultracompliant PDMS implants have been inserted into the brain using a shuttle with a charged self-assembled monolayer.⁷² This surface modification applied a hydrophilic charge to weaken hydrophobic adhesion when wet to enable the removal of the stiff shuttle without explanting the soft polymer device. Electrodes made from ultracompliant architectures have also been implanted ensheathed in microfabricated dissolvable insertion shuttles.^{15,147} With advances in microfabrication and polymer chemistry, many other methods have been developed for the insertion of ultracompliant implantable sensors (see Kozai et al.,¹⁵ Kozai and Kipke,⁷² and Sommakia et al.¹⁴³ for brief discussions on other approaches).

Size. Reducing the critical dimension of implantable devices provides a number of advantages.¹⁷ While reducing the critical dimensions and reducing the elastic modulus both increase the flexibility of the device (see above), they are likely to impact tissue integration differently. Smaller devices are likely to reduce the impact of tissue displacement, changes in pressure on the tissue, and steric blockage of signaling molecules caused by the implanted device volume and vasogenic edema resulting from insertion as previously described, which may affect the short- and long-term tissue responses.^{21,155,156} The decreased device volume lowers the mechanical strain on the tissue due to implantation compared with that of larger devices (Figure 6c,d). This decreased strain can in turn reduce the pressure on transmembrane channels and pumps as well as reduce the inflammatory tissue response, both of which would collectively have an adverse effect on normal brain function. As such, it has been shown that electrodes with subcellular sized crosssectional dimensions drastically improve electrophysiology recording performance.¹⁷

However, as the size of the device decreases, the yield strength decreases making the material more prone to mechanical failure.¹⁵⁷ Larger devices may still be susceptible to this material failure mode if they incorporate ultrasmall substructures such as for the electrical traces.¹⁵⁷ For flexible polymer devices, two common challenges are the delamination and leakage of insulation layers, and the brittleness of the electrical traces, which fail during handling and postimplanta-tion swelling.^{158–160} Therefore, it is critical to develop materials that are durable at subcellular dimensions.^{148,161,162} These factors are often entangled and relatively difficult to examine or quantify independently from other failure modes. For example, to compensate for the handling requirements of a low elastic modulus material and fragility of ultrasmall electrical traces, the cross-sectional area of the devices are often increased. The increased cross-sectional area negates the flexibility gained by the decreased elastic modulus (see eqs 1-5) and leads to additional problems such as greater insertion injury, increased volumetric tissue displacement induced strain, and greater steric blockade of signaling molecules. Similarly, some polymers expand following hydration, which leads to not only increased cross-sectional area and volume but additionally decreased dielectric properties of the insulation.^{160,163}

Shape. Early evidence suggests that stiff, sharp tipped, and straight devices should be inserted relatively fast but under control for a minimally damaging insertion.⁴⁷ Slow insertions through the dura or pia matter can cause tissue compression prior to penetration causing loss of perfusion, tissue strain, and the rupture of vasculature. Fast insertion through the dura or pia matter can cause penetration before the tissue has a chance to compress; however very fast insertions may lead to traumatic injury to the nearby tissue. On the other hand, after penetration, slow insertions give the implantable devices a chance to nudge vasculature aside without penetrating through it. Furthermore, while sharper tapered tips may be more mechanically fragile, they can reduce insertion related damage by allowing implantation without tissue compression during pial penetration. Alternatively, "open-architecture" or "latticestyle" probes with reduced volume and surface area also reduce the tissue response even when the initial insertion injury is identical to a solid substrate design,¹⁵⁵ although additional research is needed to determine their impact on signal recording.^{155,156} Nevertheless, carbon fiber electrodes with reduced surface area and substrate volume with a blunt tip shape have significantly improved functional recording performance to traditional microfabricated electrodes.¹⁷ Lastly, surface roughness, porosity, or texture are also physical properties hypothesized to improve tissue integration.¹⁷

Biological Intervention Strategies. Emerging studies focus on biomimetic or pharmaceutical approaches to improve long-term tissue integration. These approaches aim to use soluble and surface bound biological molecules or pharmaceutical drugs to blur the line between biology and machine fabricated technology. Overall, there are two biomolecular approaches for improving tissue integration: (i) releasing soluble cues that reduce the inflammatory tissue response, attract neural processes, or improve neural survivability; (ii) covalently bound bioactive surface molecules to camouflage the device.

Drug and Gene Delivery. Passive diffusion and controlled drug release systems have been explored for reducing the inflammatory tissue response around implanted devices to improve signal sensitivity and longevity, such as minocycline and flavopiridol.^{165,166} Dexamethasone, an anti-inflammatory and immunosuppessant glucocorticoid, has also been shown to decrease gliosis and ischemia caused by device implantation. Both systematic treatment with dexamethasone and device coating with dexamethasone have been effective.¹⁶⁷⁻¹⁷⁰ As such, microfabricated silicon electrodes have been coated with polymer layers that release anti-inflammatory agents.^{16,88,129,169,170} Dexamethasone has also proven to be effective for retrodialysis. Rather than relying on controlledrelease polymers for agent delivery,¹⁷⁰ during microdialysis, dexamethasone is added to the perfusion fluid with excellent control over the concentration, delivery time, and delivery duration. In terms of device implantation in the brain, dexamethasone by retrodialysis significantly inhibited gliosis and ischemia.¹⁷¹ Studies using this immunosuppressant show that dexamethasone may ameliorate the physical and behavioral deficits by reducing swelling along with apoptosis in the brain, thus limiting the secondary damage after a traumatic brain injury. There are a variety of proposed mechanisms to explain the anti-inflammatory and immunosuppressive effects of dexamethasone; however additional studies are currently being pursued. In general it is known that steroid medication weakens the immune system. There is a long list of side effects that occur with these drugs including problems with vision, severe depression, pancreatitis, and high blood pressure.¹ These symptoms usually arise with oral delivery when the drugs are taken over an extended period of time. To date, dexamethasone has not been used clinically with neuroprosthetic probes as a coating, so no information is available about the side effects in this type of system. Additional studies will need to evaluate use of dexamethasone in this capacity before these drugs can be "commonly" used for preventing gliosis at the probe interface. Lastly, implantable devices offer a convenient platform not only for drug delivery but also for gene delivery.¹⁷³ For example, cochlear implants were used to transduce DNA genes for the expression of brain-derived neurotrophic factor (BDNF) by electroporation. The expression of BDNF, in turn enhanced the regeneration of spiral ganglion neurites. Other methods of passive and controlled local drug delivery systems are also being explored as pharmaceutical intervention strategies (see also ref 174 for a review on controlled drug delivery methods).

Biomimetic Coatings. Although reducing device size reduces overall BBB disruption, tissue strain, and inflammatory tissue response, it does not eliminate glial activation (Figure 2a). Many groups have investigated different methods of improving the performance of the chronic neural-implant interface by modifying the surface chemistry of these implants using novel biomaterial designs. Laminin and laminin peptides have been immobilized on the implantable neural device surface with the intention of encouraging cell attachment and growth.^{175–178} NCAM (CD56), Ncadherin, and L1CAM (CD171) are glycoproteins on cell surfaces involved in neuronal survival and growth.^{179,180} Surface immobilized neural adhesion molecule L1CAM has been demonstrated in vivo to promote neurite outgrowth and neuronal survival around chronically implanted microelectrodes and at the same time to reduce glial reactivity.¹⁸¹ These early results suggest that targeting neural survival may be more beneficial than only reducing glial activation.

There has also been an increasing appreciation for reducing protein adsorption on the surface of implantable neural microelectrodes.¹⁷ It is thought that coatings which prevent



Figure 8. Simplified schematic representation of acute and chronic phases of the reactive tissue response following implantation of neural devices into brain tissue. The primary injury gives rise to a multitude of events including mechanical strain, blood-brain barrier disruption, inflammation, and cell membrane disruption. This primary damage initiates a series of biochemical signaling cascades, which target a variety of cell types and are responsible for dysfunction and neurodegeneration. Complex feedforward and feedback relationships between inflammation (green), BBB leakage (violet), and mechanical strain (orange) can perpetuate the acute response to a chronic response.

blood plasma molecule adsorption minimize perpetuation of the inflammatory tissue response, which in turn reduces the chronic tissue response. Several studies have employed hydrophilic polymers such as poly(ethylene glycol) (PEG) or poly(vinyl alcohol) to deposit a nonfouling coating on the surface of neural electrodes.^{17,182} Reduced protein adsorption has been found as a result of PEG coating as indicated by electrode impedance spectroscopy;¹⁸³ however, soluble PEG in the brain still needs to be carefully evaluated for adverse effects. One study showed improved neuronal density and reduced gliosis after 2 and 4 weeks by PEG based coating, but the effect disappeared at 6 weeks, pointing out the critical longevity issue of such nonfouling coatings.¹⁸⁴ Covalent immobilization of PEG onto devices may be one approach to mitigate side effects.¹⁷ In these ways, bioactive coatings may reduce inflammation and improve tissue integration, which can in turn improve the signal sensitivity of the device.

Caspase-1. Caspase-1 activation is an early event detected in neuronal cell death associated with ischemia and BBB injury as well as the main activator of pro-inflammatory cytokine IL- 1β in chronic neurodegeneration.^{185,186} A previous study has showed that loss of perfusion *in vivo* in multiple adjacent capillaries around an implanted electrode can occur, which can lead to ischemic microenvironments around the implant.¹³ Inhibition of caspase-1 activity can slow neurodegeneration caused by a diverse set of circumstances including Huntington's disease, amyotrophic lateral sclerosis, traumatic brain injury, and ischemic stroke.^{187–194} More recently, knocking out caspase-1 was shown to dramatically improve chronic implant performance.²¹ Current focuses are being evaluated in a number of promising pharmacologic interventions for the attenuation of chronic inflammatory tissue response and the treatment of neurodegeneration around implanted biosensors including the inhibition of caspase- 1.^{195–201}

CONCLUSION

Disease and injury to the CNS can be extremely debilitating for patients and costly for their caregivers. Recording-based and sampling devices hold great promise for the treatment or monitoring of a wide variety of disorders and for neuroscience research studies. However, the long-term performance of these devices in the CNS is limited by the insertion injury and reactive tissue response (Figure 8). Local administration of anti-inflammatory drugs or bioactive coatings has the capacity

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to manage the cellular and tissue responses around these devices and therefore holds great promise to improve both the long- and short-term stability of implants. While the fundamental brain tissue response to penetrating implants is caused by complex multimodal pathways, emerging studies have begun to uncover these pathways at the molecular and cellular level (Figure 8). Understanding the mechanisms involved in the inflammatory and immunological tissue reactions upon device implantation into the brain will require the attention and collaboration of experts in the fields of biomaterial science, biology, analytical chemistry, neuroscience, engineering, and medicine.

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Funding

Parylene/carbon fiber and microdialysis *in vivo* multiphoton imaging in B6.129-Cx3Cr1-GFP/J was financially supported by NIH R01 (Grant SR01NS062019) and NIH R21 (Grant NS086107). Texas-Red labeled Sprague–Dawley BBB mapping was financially supported by NIH K01 (Grant 1K01NS066131).

Notes

The authors declare no competing financial interest.

ACKNOWLEDGMENTS

The authors would like to thank Patrick A Cody and I. Mitch Taylor for assistance editing the manuscript and providing critical feedback.

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